



Sandra (Sandi) Stewart, MBA, MCC

Company:	<p>SLS Coaching & Consulting LLC <i>Transforming results through individual, team and group coaching</i> The firm was established in 1999 to assist organizations in building strong resilient leaders to better achieve organizational goals. I design hybrid programs to resolve organization's leadership deficiencies and challenges by aligning coaching and training to organizational objectives. In my coaching, I help leaders to build confidence, to optimize their energy and motivation and to thrive in change for themselves as well as their teams and organizations.</p> <p>I bring organizational knowledge from my consulting experience, management positions and MBA training and have over 3,500 hours of coaching teams, individuals and groups as well as designing and delivering leadership curriculum.</p>
Coaching, Training & Publishing	<ul style="list-style-type: none"> ▪ Instructor of accredited coaching program: Coaching for Organizational Performance, and New York University, Foundations of Coaching ▪ Adjunct Professor, Leadership Development, Robert H. Smith School of Business, University of Maryland ▪ Author: Building the Core Competencies of Change: A Guide to Coaching in Organizations, 2021, and Building an Organizational Coaching Culture, Chapters 10 & 11, 2024, Becoming an ICF Credentialed Coach: The Journey ACC, PCC and MCC, 2024. ▪ Team Optimization Coaching ▪ Group Coaching ▪ Design and delivery of leadership and leader coaching skills training including difficult conversations, Emotional Intelligence, organizational culture.
Credentials:	<ul style="list-style-type: none"> ▪ President, SLS Coaching & Consulting, LLC ▪ MCC, Master Certified Coach with International Coaching Federation ▪ MBA, Columbia University Business School
Business Experience:	<ul style="list-style-type: none"> ▪ Organizational Management Consultant in private and non-profit sectors working with organizations in healthcare, manufacturing, government and non-profit. ▪ Manager at Johnson & Johnson, Hearst/ABC and Ferrero N.A. specializing in marketing and strategy
Education:	<p>M.B.A., Columbia University, NY, NY B.A., Colgate University, Hamilton, NY</p>
Professional Affiliations:	<ul style="list-style-type: none"> ▪ International Coaching Federation (ICF) ▪ Board Member, ICF Independent Review Board ▪ Columbia University & Colgate University alumni organizations ▪ Target Training International ▪ Leadership Circle Profile
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